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See insert for details on senior programs and activities:

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- Parents Helping Parents
- The Health Place
- Health Insurance Counseling
- Homeowners and Renters Assistance
- Income Tax Assistance
- Durable Power of Attorney for Healthcare
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- Long-Term Care
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- Live Oak Adult Day Services—Adult Day Care
- Happy Hoofers
- Senior Table Games
- Chess Club
- Bingo
- Trips

Los Gatos Senior Center Newsletter

July / August 2005

Los Gatos Celebrates the 4th of July, 2005

Residents of the Town of Los Gatos are invited to once again celebrate the 4th of July with a variety of fun family activities scheduled from 11:00 am to 8:30 pm. The day begins on the Civic Center lawn with family entertainment that includes children's games, musical entertainment, and food prepared and sold by members of our local service clubs. There will be activities and displays by the Santa Clara County Fire Department, Green Valley Disposal Inc., and the Valley Transportation Authority will introduce their new community bus to Los Gatos. At 1:30 pm. the activities shift to the lawn of the High School where the San Jose Wind Symphony will perform a concert of "pops" style selections and patriotic music complete with live cannon fire. After the concert, cake and ice cream will be served at

ryone is invited to sing along with the Peninsula Banjo Band. All those who enjoy bingo may want to stay and play a few friendly games while

waiting for the BBQ dinner, prepared by Johnny's North Side Grill, to be served at 5:00 pm. BBQ tickets will available for purchase throughout the day at the Information Booth located at the Civic Center. The ticket price is \$10 per plate including a drink. Dinner will be served until 7:00 pm and may be enjoyed while listening to the performance of *The Hit Men* from 6:00 to 8:30 pm.

This action packed day is sponsored by the Town of Los Gatos, Los Gatos-Saratoga Community Education & Recreation, the Town of Los Gatos Chamber of Commerce, Event Services, and Green Valley Disposal Company, Inc. For more information regarding this community celebration please call the Chamber of Commerce at 408-354-9300, or check the "What's New!" section of the Town's website at www.losgatosca.gov.

Square Dance, Hoedown, & Raffle

New dancers or new beginning dancers, Angels, or experienced dancers. couples or singles, all are welcome! Mike Luna will be the caller. Join us for a fun afternoon on Saturday, July 9, 2005 from 1 PM to 4 PM at the Los Gatos Neighborhood Center. Tickets are available at the Los Gatos Senior Center for \$4.00 or \$5.00 at the door. Please contact the 55+ Program at (408)354-2360 or the Los Gatos Senior Center at (408) 354-1514 for more information.

Live Oak Senior Nutrition & Service

"Salute! To your Good Health!" is taking a break for June.

Live Oak Senior Nutrition and Service Center will be sponsoring a six week Arthritis and Fibromyalgia Self Help Course on Mondays from 1-3, beginning September 26 through October 31, 2005.

Come to the information talk and register on Wednesday September 7, 2005 in the Large Hall of the Neighborhood Center 208 E. Main Street, Los Gatos. Senior lunch will be served after the presentation at noon. Diners have a choice of turkey with gravy, cheeseburger or Chicken Caesar Salad; \$2.00 for adults over 60 years old, pre-reservation required. Call 408-354-0707 for more information and to reserve lunch.

Images of America: Los Gatos

Images of America: Los Gatos by Los Gatos Library Director Peggy Conaway, with an introduction by State Librarian Emeritus Dr. Kevin Starr, an eminent California historian is now available for purchase. The book contains 227 vintage photographs of the Los Gatos area, taken during the years 1860 - 1960. Royalties from the publication will come back to the library to benefit "Hooked on Los Gatos—History Project."

The publication is available at the Library, Los Gatos Borders Book Store, Testarossa Vineyards, Los Gatos Chamber of Commerce, Fiori's Gift Shop/Hallmark, Out of the Envelope, The Well at Los Gatos, The Los Gatos Company, Queen's Chest Gift Shop, and Barnes and Noble Bookshop.

Please Note: The Los Gatos Senior Center has new office hours:

MONDAY — FRIDAY 8:30 P.M. — 4:30 P.M.



Homeowners' and Renters' Assistance

The State of California will refund a portion of the taxes you paid in 2004 as part of your rent or property taxes, to those who qualify. You must reapply for this rebate each year you are eligible.

WHO QUALIFIES?

- You must be a US Citizen or Legal Immigrant and at least 62 years of age or disabled or blind.
- Your total gross household income must be \$38,505.00 or less, including SSA, SSI, etc.

A volunteer counselor trained by the State of California Franchise Tax Board will assist you in filing for this once-a -year rebate. Appointments are available from July through October11, 2005. Please contact the Los Gatos Senior Center to make an appointment at (408) 354-1514.

Did You Know?

Hometown Advantage Card

The Values Are Here

Celebrating your hometown has never been easier for Los Gatos residents and local businesses. As part of the Town's Economic Vitality Program, we invite you to celebrate the natural synergy between shopping locally and community vitality.

Our local businesses play an essential role in making Los Gatos the desirable community that it is. Besides providing quality goods and services, local businesses provide revenues that fund many Town services including parks, street maintenance, library services and much more.

Our local businesses offer a wide range of goods and services for you to choose from in a variety of shopping environments. Whether you feel like enjoying boutique shopping and restaurants, are looking for that special ingredient for your favorite summer recipe, or are considering the purchase of a new vehicle, you have a good chance of finding it downtown, in your local neighborhood centers or on Los Gatos Boulevard.

⇒ So how does the card work?

Los Gatos residents enjoy many rewards-distinguished schools, charming neighborhoods, beautiful hillsides, limitless recreation, and great shopping and dining choices just to name a few!

Hometown Advantage rewards can include discounts ranging from 5-15% off or a free gift with purchase when shopping locally. Rewards vary from business-to-business, so there is a unique surprise awaiting you at each participating business.

The Hometown Advantage card is good from June 1 - September 30, 2005. Participating businesses will have their Hometown Advantage logo prominently placed in their front window to indicate their participation. Cards were mailed out to all Los Gatos households. If you did not receive your card, contact Danielle Certain, Economic Vitality Manager, at (408) 399-5790.

Passport Services Are Now Available at the U.S. Post Office

The Town of Los Gatos no longer provides passport services.

Due to changes in the required U.S. State Department passport application process coupled with the Town's FY 2005/06 budget reductions, passport services have been discontinued. Passport services can be obtained through the U.S. Post Office, located at 101 South Santa Cruz Avenue. The Post Office can be reached by calling (408) 395-7526. Information about passport services can also be obtained by visiting the U.S. State Department Web Site at www.travel.state.gov

Weekly Senior Programs at the Neighborhood Center

Line Dance:

Class designed for those with some line dance experience and those who wish to add to their repertoire.

Line Dance (Beginning):

For those with little or no experience.

Tai Chi at High Noon:

Learn ways to relax, revitalize, and have fun!

Meditation:

Help calm your body and mind, heighten clarity, and cultivate a sense of oneness with self and others.

EZ Hands-On Computers:

Basic computer skills designed with seniors in mind.

Watercolor Painting (Beginning):

Learn fundamental techniques with step-by-step instruction.

Watercolor (Advanced):

For those who have had previous experience in watercolor painting.

For dates, times, and fees, please contact the Los Gatos Recreation Department, (408) 354-8700.

ART IN THE COUNCIL CHAMBERS Presents Mixed Media by:

The Senior Artist Workshop

Exhibit Dates:
June 27 — September 9

Reception: Friday, July 8, 2005 6:00 pm to 8:00 pm

Senior Center Information



Los Gatos Senior Center Located in the Neighborhood Center 208 E. Main Street, Los Gatos, CA 95030 Senior Coordinator: Linda Gallo

Hours: Monday through Friday — 8:30 AM to 4:30 PM

Phone: (408) 354-1514 Email: lgallo@losgatosca.gov Website: www.losgatosca.gov

Wednesday Afternoon Movies at the Senior Center

Remember to come to the Senior Center on the <u>fourth Wednesday</u> of each month at 1:00 PM to see a top-rated movie in the Neighborhood Center Lounge. Admission and snacks are free! You can come for the Live Oak Nutrition Lunch and stay for the movie afterwards (be sure to call Live Oak for a lunch reservation two days in advance at (408) 354-0707). The July movie will be **The Aviator** and in August we will be showing **Ray**.

Please join us for lunch and a movie, or just a movie and snack. Enjoy our big screen movie experience!

Los Gatos Senior Center Newsletter Mailing List

If you would like to receive a free copy of the Los Gatos Senior Center Newsletter, complete and return this form or email this information to Linda Gallo, Senior Coordinator, at lgallo@losgatosca.gov.

Name:	
Address:	
City:	
State / Zip:	
Phone:	Email:

Return completed form to: Los Gatos Senior Center, 208 E. Main Street, Los Gatos CA 95030